

## East-West Integrative Medicine Acupuncture Consent Form

*Please read this information carefully and ask your practitioner if there is anything that you do not understand.*

### **What is acupuncture?**

Acupuncture is a form of therapy in which fine needles are inserted into specific points on the body or scalp.

### **Is Acupuncture safe?**

Acupuncture is generally safe. Serious side effects are very rare - less than one per 10, 000 treatments.

### **Does acupuncture have side effects?**

You need to be aware that:

- Drowsiness occurs after treatment in a small number of patients, and, if affected, you are advised not to drive;
- Minor bleeding or bruising occurs in about 3% of treatments;
- Pain during treatment occurs in about 5% of treatments;
- Symptoms can get worse after treatment (less than 3% of patients). You should tell your practitioner about this, but this is usually a good sign;
- Fainting can occur in certain patients, particularly at the first treatment.

In addition, if there are particular risks that apply to your case, please discuss this with your practitioner.

### **Is there anything your practitioner needs to know?**

Apart from the medical details, it is important that you let your practitioner know:

- If you have ever experienced a fit, seizure, fainted or passed out;
- If you have a pacemaker or any other electrical implants;
- If you have a bleeding disorder;
- If you are taking anti-coagulants (blood thinner) or any other medication;
- If you have damaged heart valves or have heart valve replacement;
- Any other particular risk for infection, chemotherapy or low immunity;
- If you are pregnant (the doctor does not treat pregnant women).

**Single use, sterile, disposable needles are used in this clinic.**

**The doctor has made no guarantees as to the results that may be obtained.**

### **Statement of Consent**

I confirm that I have read and understood the above information, and I consent to having acupuncture treatment. I understand that I can refuse treatment at any time.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print name in full \_\_\_\_\_